

McLean Youth Soccer

Travel Program Player and Parent Handbook



MYS

This handbook is for players, families, and coaches in the McLean Youth Soccer Travel program. We believe it is very important for each participant to be fully informed about the club's policies, procedures, and goals. We also would like to emphasize that each player, parent and coach has a role in making this program a success. **We hope that you will take the time to read through this handbook, and refer back to it throughout the season when questions may arise.**

Please note that updates to this information will be posted on the Travel pages of the MYS Website. If you have further questions, we encourage you to email admin@mcleansoccer.org.

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Overview of Club: Mission and Vision Statements

MISSION	VISION	COMMITMENT
McLean Youth Soccer develops youth through the sport of soccer by providing quality coaching, a high caliber environment and a commitment to best practices. We impart life lessons through soccer.	McLean Youth Soccer will be a leader in player development and in establishing a lifelong appreciation for soccer among our members. We will be a model soccer club for all developmental levels from the recreational to the elite player.	Our staff is 100% committed to the improvement and overall development of every single player in MYS regardless of ability or team level. It is our intent to elevate each player's game to the best it can be and to create a fun, educational soccer environment.

MYS Travel Program Overview

The McLean Youth Soccer (MYS) travel program consists of various components, including Team Training, Individual Training Opportunities, and League and Tournament Play as well as other on and off field developmental events including college information sessions and special technical clinics.

Players must try out each year to be considered for a team roster. Once selected by the technical staff, the player commits to one seasonal year (August - July) of participation with the team.

MYS offers a range of teams for players based on level of play and commitment. Players should carefully review information about a team prior to trying out. Specific questions can be directed to traveladmin@mcleansoccer.org.

Team Training

Travel teams in MYS typically train 2-3 times/week throughout the fall and spring seasons. Higher-level teams may train year-round with more frequency.

League and Tournament Games

MYS travel teams participate in a number of leagues. Placement in these leagues is determined by the technical staff and reflects the team's level of play and level of commitment.

- **ECNL:** The Elite Clubs National League is the highest level of youth soccer competition

available for girls. Travel and time commitments are extensive.

- **Development Academy:** The U.S. Soccer Development Academy is the elite soccer development program for boys.
- **CCL:** The Club Champions League was founded in January 2013 as 15 distinguished soccer clubs in Maryland, Virginia, and Washington, DC agreed to form their own league based on a simple concept that included three main features:
 1. Superior Competition
 2. a Model for Player Development and
 3. a Governing Board made up of Soccer Directors from each club.
- **EDP:** The Eastern Development Program is an elite level of youth soccer competition in the Northeast / Mid-Atlantic Region. At this time, the McLean Youth Soccer U15 Boys Green and U16 Boys Green teams participate in this league.
- **Region I Premier League:** This league is an exclusive and competitive league for regional level teams.
- **NCSL:** The National Capital Soccer League is the primary travel league for the DC Metropolitan area. Most age groups have 4-6 different divisions catering towards the varying needs of travel level teams

MYS Travel Player Pathways

PROGRAM	LEAGUES	PLAYING LEVEL	TIME COMMITMENT	TRAVEL REQUIREMENT	SEASON
Recreation	Recreation (U4-U12)	Focus on fun and learning skills	Practices: 1/week Games: 1/weekend	Recreation: McLean area	Fall and/or Spring

	SFL (U13 and up)	regardless of prior experience Enjoyable and challenging	Practices: 1-2/week Games: 1/weekend	SFL: Northern Virginia	Fall and/or Spring
Travel U8 Juniors	N/A	Focus on the 4 components of player development (Technical, Tactical, Physical, Mental)	Practices: 2/week Scrimmage/Games: 1/weekend	McLean Area	Fall and Spring
Travel U9-U12 (Green, White, Gold, Silver teams)	CCL NCSL	Focus on the 4 components of player development (Technical, Tactical, Physical, Mental)	Practices: 2/week plus 1 night of skills/week Games: 1-2/weekend Tournaments	DC Metropolitan Area	Fall and Spring with Winter season
Travel U13 and up (Gold and Silver)	NCSL	Focus on the 4 components of player development (Technical, Tactical, Physical, Mental)	Practices: 2/week Games: 1-2/weekend Tournaments/ Showcases	DC Metropolitan Area	Fall and Spring with Winter season
Premier U13 and up (Green and White)	CCL CCLII EDP	Top level competition and next level of player development	Practices: min 2/week Plus skills 1/week Games: 1-2/weekend Tournaments/ Showcases	Mid-Atlantic Region	Year Round
Elite U13 and up	ECNL (Girls) Region 1 Development Academy (U12 Boys) National League	Elite level - college and National Team prep	Practices: min 2/week Plus skills 1/week Games: 1-2/weekend Tournaments/ Showcases	National	Year Round

MYS Travel Team Details

PHILOSOPHY

The MYS Training Philosophy is based on the decision that playing an attractive, attacking way, will produce the highest percentage of skillful, thoughtful players.

Style of play will be skillful, creative, attractive, and possession oriented. Defensively we will press and exhibit a win it back mentality.

Coaches are teachers first. Our coaches must be age appropriate communicators. The coaches for our younger teams (U8-U12) will be good demonstrators, have a positive influence, and be team builders. For our older teams, coaches will be motivators, understand the physical demands of the modern game, and be able to read the "details" in the match.

Curriculum/coaching content: we will use our MYS philosophy and the US Soccer curriculum as resources.

However, we have introduced our coaching Portal, where all of our teaching information will be stored and is available to all MYS coaches on a daily basis.

MYS will continually provide on-going coaching education opportunities for our staff to ensure their maximum development to serve our players.

PLAYER EXPECTATIONS

Practices: All McLean travel teams practice at least 2 days per week. The following teams also participate in Monday night training as it is included in their team registration fees:

- U9 - U12: all teams
- U13 - U18 Girls: ECNL and Green teams only
- U13 - U19 Boys: Green and White teams only

An additional day of practice is highly recommended. Practice attendance is mandatory. Discuss any/all conflicts that arise with your coach. Participation in other sports is allowed, but must be discussed with the coach for conflict guidelines.

Games and Tournaments: Attendance at all team events is mandatory.

Self-Care: Players are ultimately responsible for their health including proper fitness, rest and nutrition. MYS staff will assist players in maximizing their abilities to take on this responsibility.

TOURNAMENTS

The recommended number of tournaments will be determined by age and ability level. The head coach will inform the team as to the approximate number of tournaments they will participate in throughout each season.

The Technical Director (TD) and the Age Group Directors (AGDs) will determine which tournaments the club will participate in. The objective will be to have all of our teams attend the same tournaments if practical.

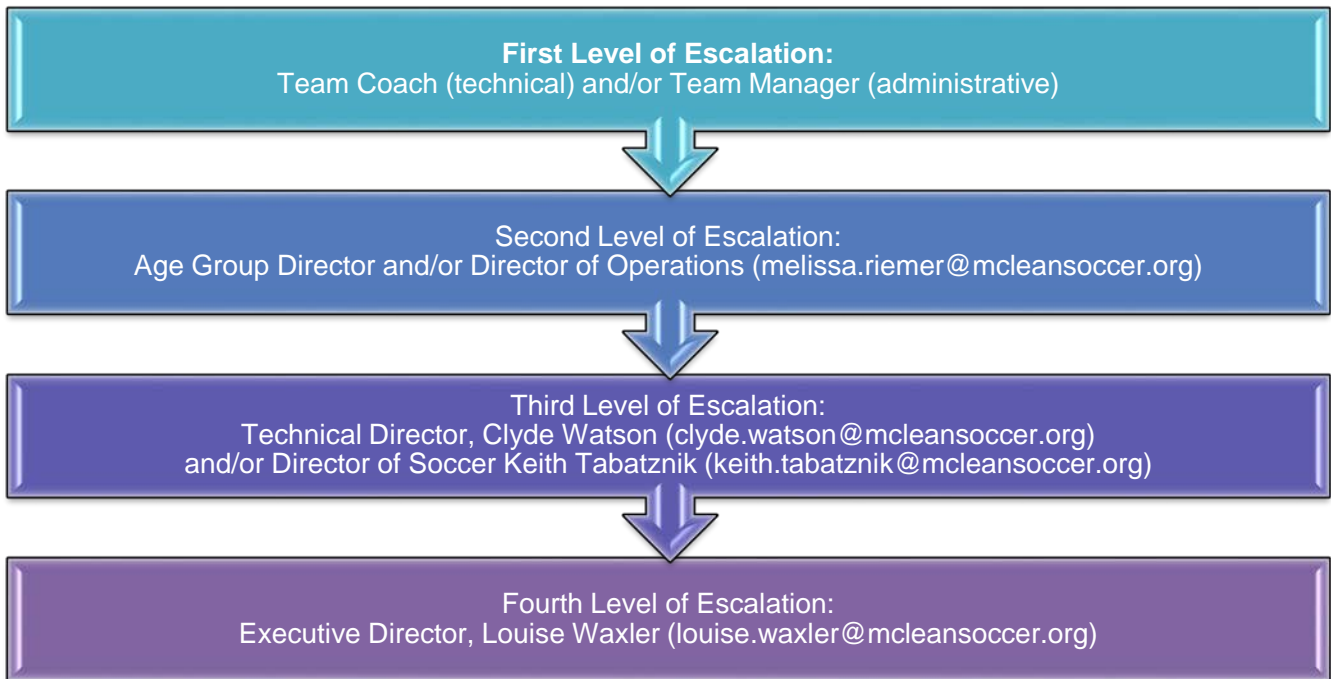
As a general guide U9-U12 teams participate in 4-6 tournaments per year. While U13-U19 teams participate in 4-8 tournaments per year.

COMMUNICATION

MYS encourages open channels of communication that are available to any player or parent. We do ask that a 24-hour waiting period be respected before reaching out to discuss a game issue. The club policy is below:

Travel Program Communication Policy: The McLean Youth Soccer Travel Program has a network of staff to support its members. A chain of communication has been established to help address member's issues or concerns. In the event that a parent, player or member has a technical or administrative issue or concern, please follow the process below.

If a resolution is not identified, please move to the next level of escalation. Please allow for a reasonable response time.



MYS FEES AND REGISTRATION

FEES

Player registration fees vary by team. The differences in fees for travel teams are primarily attributed to league fees and participation in additional weekly training sessions ("Monday night training") as well as the preseason Camp.

Per Virginia Youth Soccer Association (VYSA) policy, players must fulfill their financial obligations in full to the club as part of their registration with the club.

Club fees are collected through the registration system, and can be paid in full upon registration, or in installment payments (see chart below).

To assist with financial planning, the club offers an installment payment plan to spread payments over 5 months. Furthermore, families with financial needs are encouraged to apply for Financial Aid. Please note that registration fees are non-refundable.

MYS Travel fees cover the following areas:

- MYS membership registration fee
- MYS Coaching Fees
- Coaching Education
- Referee fees for primary league
- League Fees for primary league
- MYS Staff Compensation and Club Administration Costs
- VYSA/Insurance Fees, including background checks for staff
- Fairfax County field usage fees

The following is a list of team expenses that are NOT covered by the club registration fees, and a team-specific collection and payment process should be managed directly by the designated team officials.

- Uniforms and accessories
- Additional Supplemental league fees
- Tournament Entrance Fees
- Tournament Travel Expenses for coaches (and players)
- Winter Indoor League Fees
- Patches/Pins
- All other fees and expenses not explicitly covered by the current system (i.e. team parties, coach gifts, etc.)

McLean Youth Soccer has financial assistance available to players who have needs. Players are encouraged to apply by reviewing the financial aid application and information as soon as possible. Questions should be directed to traveladmin@mcleansoccer.org. Travel Program members (including participants in DA, ECNL, CCL and all travel leagues) are responsible for timely payment of club fees.

REGISTRATION

Once your player has been assigned to a specific team, you can register them with MYS. In order to secure your player's offer, an initial deposit must be made within 48 hours. Remember that fees can be paid in full at the time of registration OR in installments with an initial deposit fee. Please carefully review the procedures below for registering your player and making installment payments.

INITIAL DEPOSIT

1. Visit mcleansoccer.org Click on REGISTER NOW and choose "TRAVEL"
2. Complete the online registration forms
3. On the payment page, choose the option to "Pay by Check" and click on "Confirm Registration"
4. Then, click on "return to member account"
5. Scroll down to see "Account Balances" and click the green "Pay Now" button - Then, review the Registration Payment Summary, and click "NEXT"
6. After entering your credit card info, change the payment amount to the amount noted as the "Initial Deposit" on the payment schedule above - you can override the amount listed and type in any other amount.
7. If you have logged out, you can login again by clicking [HERE](#) and selecting MEMBER LOGIN (at the top of the page)

INSTALLMENT PAYMENTS

Subsequent payments are due on September 1, October 1, November 1 and December 1.

1. Payments are NOT automatically deducted from your credit card.
2. To make subsequent payments visit mcleansoccer.org and click on MEMBER LOGIN (top of the page). Login to your member account.
3. Scroll down to see "Account Balances" and click the green "Pay Now" button then, review the Registration Payment Summary, and click "NEXT"
4. After entering your credit card info, change the payment amount to the amount noted as the "Initial Deposit" on the payment schedule above - you can override the amount listed and type in any other amount.
5. Pay the amount noted as "Payment" on the schedule located above. This does not auto populate. You must go in and enter the amount you want.
6. If you have any questions about the process or the amount due, please contact traveladmin@mcleansoccer.org

MYS TRAVEL UNIFORMS

Each player is responsible for the ordering and purchase of their own individual game uniforms and training uniform/kit. The game uniforms consist of a green AND white jersey, green and/or white shorts, and green and/or white socks. *Each coach will decide if their team will need both colors of shorts and/or socks. The training kit consists of the black jersey, black shorts and black socks and is worn to each practice.* Some leagues may have an additional training kit.

Once a player is added to a team roster the team manager will help them choose a uniform number. The team uniform coordinator will then communicate with the team, confirming player numbers and best email contact. That information will be provided to the club and then to Soccer.com.

Each player through a link sent to them from Soccer.com orders all uniform and training kit items. The link will have your player's specific name and number associated with it and the team's required items to purchase. Uniform and training jerseys are customized orders and may require longer to process, so ordering in a timely manner is essential. *Additional items such as warm up jacket, pants, soccer bag, etc. are recommended but not mandatory to purchase.* MYS club specific spirit wear (sweatshirts, fleece, hats, t-shirts, jackets, etc.) can also be purchased.

ADDITIONAL TRAINING OPPORTUNITIES and RESOURCES

OPTIONAL TRAVEL TRAINING

For teams whose club fees do not include the once a week Monday Night Training (see list above under Travel Team Details/Player Expectations), the McLean Youth Soccer technical leadership offers OPTIONAL Travel Training for the fall season. This training is in addition to your teams regularly scheduled practices and must be paid for separately of team registration for a fee of \$150/player. At least 12 players from a team must register for the sessions to be scheduled. If there are not sufficient players registered, the session will be canceled and your fees will be refunded. Deadlines for registration, and specific dates and times of this optional training can be found at mcleansoccer.org, Travel tab and then choose Travel Training.

WINTER BALLMASTERS

McLean Youth Soccer offers top-notch winter training programs tailored specifically for the soccer player who wants to develop their skills in the offseason.

MYS Technical Director, Clyde Watson, observed:

"It has been my experience that all of our prior successful teams had a couple of things in common: they played exciting soccer; they played skillful soccer; their best skill development took place during the winter at Ballmasters."

The skill sessions are held indoors at local school gymnasiums on Sundays in the winter.

SUMMER CAMPS

During the summer weeks, MYS offers a variety of summer camps, including: Specialty Camps, Celtic FC camp, ECNL camp and Coerver camps.

McLean Youth Soccer strives to make soccer a pleasant, safe and rewarding experience for soccer players on and off the field. The club has a firm belief in the value of sports at the competitive level in promoting the physical, mental and social well being of dedicated soccer players. Our summer program will provide the best learning environment, social, and competitive training opportunity for players at every level because it is conducted by what has been widely recognized as the finest professional coaching staff in Northern Virginia.

GOALKEEPER TRAINING

Under the leadership of GK Director, John Szaro, and his staff of GK coaches, MYS offers a GK training program for all travel GKs U10 and older. Schedules and information are provided directly to the GKs each season. Please email admin@mcleansoccer.org with any questions.

INTERNATIONAL TRAVEL

McLean Youth Soccer is pleased to announce the development of an international travel opportunity for MYS players. Utilizing long-standing, quality professional tour companies MYS will be sending teams abroad beginning in the Spring and Summer of 2017.

The experience of traveling overseas for soccer has long been recognized as one of the best ways to get

players out of their comfort zone. This experience will greatly benefit our players while exposing them to new cultural and soccer-related experiences.

Under the guidance of our technical leadership and International Programs Director, Jamil Faryadi, MYS will begin what promises to be a travel tradition beginning 2017 with several teams going to Italy, England and Scotland. Our strategic plan will ensure that, each year, MYS teams will be selected to travel and compete overseas.

COLLEGE RESOURCES

McLean Youth Soccer has a strong history of providing assistance to players who wish to play soccer in college. In addition to the College Soccer Information Night (held in the spring preseason), MYS hosts college ID camps and scrimmages.

Information about the college recruiting process including MYS College Information Session details, sample player profile and college letter, and NCAA resources can be found on our website mcleansoccer.org under the Travel tab by clicking on Player Resources/College.

NCAA Resources:

- Are You Ready to Play College Sports?
- Overview for Future Student Athletes
- Recruiting Guide
- Eligibility Center

MYS College Resources:

- MYS College Information Session
- Sample Recruiting Calendar
- Sample Player Profile
- Sample College Letter

Any additional questions can be directed to traveladmin@mcleansoccer.org who can relay your message to the appropriate technical staff member.

MEDICAL AND HEALTH RESOURCES/MYS/INOVA PARTNERSHIP

Inova Sports Medicine and McLean Youth Soccer (MYS) are renewing their relationship for the 2016-17 season. The partnership between Inova Sports Medicine and MYS will deliver cutting edge education, consultation, health services, concussion management and performance training to the McLean soccer community.

Inova Sports Medicine serves as the Official Sports Medicine Partner for the Washington Nationals and Washington Redskins. Inova's team of medical professionals will ensure each family and athlete has access to the high-level injury prevention, treatment and athletic conditioning services professional athletes traditionally receive.

By utilizing all available resources within Inova, McLean Youth Soccer is focused on adding value to its members both on and off the field of play. Inova will continue to provide MYS with licensed athletic training services and coverage at matches and during tournaments for immediate access to a healthcare professional should an injury occur.

This relationship also grants MYS athletes priority access to Inova's one-stop-shop model for sports medicine care. Inova's innovative sports medicine facilities include sports medicine fellowship-trained orthopedic surgeons and primary care physicians, concussion management services, X-ray, ultrasound-guided diagnosis and treatment, physical therapy and athletic training services all under one roof.

At the forefront of the relationship between Inova Sports Medicine and MYS is education and training for coaches, parents and athletes. Inova's team of world class physicians and sports medicine experts will offer opportunities tailored to MYS in an effort to keep its members up-to-date on the exciting, but ever evolving world of sports medicine, concussion management, nutrition, injury prevention, and athletic conditioning.

Inova Sports Medicine and its team of concussion specialists will be assisting MYS in maintaining compliance with state and local concussion laws, which are centered on yearly education of athletes, parents, and coaches. Pre-injury assessment is vital

for the most positive outcomes and, in an effort to better manage athletes suspected of having a concussion, Inova Sports Medicine will continue to offer baseline concussion testing to McLean Youth Soccer athletes ages 5 and older.

MYS families and coaches also have complementary digital access to unique concussion education presentations and other reference materials created by Inova Sports Medicine. Additionally, Inova Sports Medicine will have a dedicated concussion hotline available to answer questions, provide information and assist with scheduling concussion appointments.

MYS PARENT VOLUNTEERS

Team Manager

The Travel Team Manager's primary roles and responsibilities are:

- Liaison for the team (i.e. between coach and team, between team and club rep for the league, etc.)
- Representative of the club and of the team to outside parties (i.e. opponents)
- COMMUNICATE with other volunteers and DELEGATE responsibilities to other volunteers
- The Manager is the primary contact for the team with regard to communications with the team and its opponents throughout the season. Examples of such communication include:
 - *Weekly team communications through Bonzi Team including weekly email with upcoming schedule, and last minute communications (i.e. via Rained Out (free) or One Call (fee-based)*
 - *Provide support to club, team, coach (i.e. when requested, relay club information to players, etc.)*
- Game day responsibilities (if not delegated to another volunteer- see below for specifics)
- Managing the various activities for a travel soccer team can be complex depending on the age and competition level of the team. It is highly recommended that a team manager work with the team coaching staff to identify the needs of the team, and find parent volunteers to delegate some of these needs.

Examples of travel parent volunteers:

Age Group Manager (Yearlong position)

The role of the Age Group Manager (AGM) is to serve as the primary liaison between the coach and the triplet teams, MYS, MPS/MYS Travel Administration, the respective travel league club reps, and MYS Fields. Specific responsibilities include, but are not limited to, seasonal and special field requests/permits, team registration, tryout announcements, communications to all team families (Bonzi Team e-mail communications as directed by Coach), and helping to organize and/or coordinate other team activities with other volunteers, including Parent Team meetings.

Treasurer

Develop and implement a budget for the age group teams (if triplet team) or team. Open and manage checking account, collect player fees/team income (not covered by MYS), and handle reimbursements and payment for team expenses. The treasurer is responsible for reporting a summary of the age group's financials at the seasonal parent meetings. This is a yearlong position. ***REQUIRED position for each team.**

Team Registrar

The registrar will collect all relevant information from each player to complete the VYSA player registration and team roster process. Specific responsibilities include creating team rosters and players passes, and coordinating any player adds/transfers/releases throughout the seasonal year. Create and maintain team contact sheets. This is a one-time position each year with some potential work between the fall and spring seasons. (Most work will be completed during the pre-season/summer.)

Social Committee Coordinator

Each team should have a representative to serve on this committee, but the more the merrier and the lighter the work. The committee will plan a player/family social function or party each season, as well as, at least one parent only social function. A budget should be submitted to the Treasurer to ensure there are funds to cover costs (this prevents the repeated requests for \$5 to \$10). The committee will solicit additional volunteers, as needed to host and/or bring things to the parties.

Uniform Coordinator

This volunteer provides a spreadsheet to the club with roster details for the team. They help to assign individual jersey numbers (at the direction of the coach), and work with the Associate Club Administrator to have personalized emails sent by soccer.com to each family.

Team Communications Manager

Create and maintain team website on the MYS website. Submit news of teams' and players successes to MYS and local newspapers. Any and all shutterbugs are encouraged to take pictures of the teams during games and "team" shots at tournaments and games.

Tournament Coordinators

Work with the coach to register for and handle prep work for teams' participation in tournaments. Specific responsibilities include, but are not limited to tournament registration, online or on-site check in, organizing hotel/accommodations if needed, coordinate team dinner if desired, and purchase of MPS travel patches for exchanging at tournaments. Maintain record of teams' tournament participation and results. This is an on and off volunteer position throughout the year.

MPS Tournament Representative (U9-U12 teams)

This volunteer will work with the MPS Tournament Director to identify team responsibilities in support of the MPS Tournament. Then, work with the team to fill those responsibilities at the tournament.

Travel Coordinator

Work with the coach to identify team travel needs, including in support of any out of town tournaments. Collect information about ground or air travel, lodging and other team needs, make reservations, and communicate with team.

Team Sideline Liaison

The TSL serves as the point of contact between the referee and the team at each game, and monitors and addresses parent behavior during the games.

Game Day Supplies Coordinator

This volunteer will initially put together a first aid kit for the team (to be reimbursed from team funds) and bring it to and from each game. Throughout the season the First Aider will replenish the kit as needed. May also order a portable bench and/or tent for the team (to be reimbursed from team funds) and bring it to and from each game.

STARS (Special Team Assistant Referees)

The NCSL STAR Program provides trained certified assistant referees to U12 and U13 matches when neutral assistant referees are not assigned. As a STAR, their primary duty on game day is to officiate the game. Each U12 and U13 team in the NCSL league must identify two (2) legitimate STARS prior to the beginning of each season by posting their names and contact information in the Team Contacts section of the NCSL website

Other possible positions

College Brochure Coordinator, Fundraising Coordinator, Risk Management Coordinator, Winter Program Coordinator.

MYS Policies and Procedures

McLean Youth Soccer has implemented a number of important policies and procedures to support our members and to continually strive to provide the best environment for the development of our athletes.

All members should regularly review the policies posted at

http://www.mcleansoccer.org/policies_procedures.

Travel Program Communications Policy

The McLean Youth Soccer Travel Program has a network of staff to support its members. A chain of communication has been established to help address member's issues or concerns.

In the event that a parent, player or member has a technical or administrative issue or concern, please follow the process below. If a resolution is not identified, please move to the next level of escalation. Please allow for a reasonable response time.

1. First Level of Escalation: Team Coach (technical) and/or Team Manager (administrative)
2. Second Level of Escalation: Age Group Director and/or Director of Operations
(melissa.riemer@mcleansoccer.org)
3. Third Level of Escalation: Technical Director - Clyde Watson (clyde.watson@mcleansoccer.org) or Director of Soccer
(keith.tabatznik@mcleansoccer.org)
4. Fourth Level of Escalation: Executive Director, Louise Waxler (louise.waxler@mcleansoccer.org)

For additional questions about other club policies (including team fees, risk management, field scheduling, field use, etc.), please contact Melissa Riemer at melissa.riemer@mcleansoccer.org.

Refunds

All season registration fees are non-refundable. Payment of the club registration fee implies consent and we rely on this information to form teams and any reversal negatively impacts this process.

All MYS registration fees are non-refundable when a player is placed on a team or in a training program.

As MYS has a limited number of roster spots, registration is considered a binding commitment to pay 100% of all registration fees (MYS membership fee, coach/league fee, training fee, County fee, etc.) for the season or program even if the player chooses to leave the team/program.

SOCIAL MEDIA POLICY

As social media and other electronic communication such as text messaging have become such a prevalent and effective means of personal and professional communication, MYS has created a social media policy stating expectations for use by coaches, players, parents, staff, volunteers and administrators. **Both on and off the field, safety and youth protection should be a key focus. MYS is committed to be an advocate for youth and to keep children and their privacy safe, both online and off, and safety is always at the forefront of any considerations where social media usage is concerned.** With these objectives in mind, all MYS staff, contractors, volunteers, administrators, and coaches must be familiar with and adhere to this policy, regardless of whether they personally use social media, and must share this policy with parents and players as appropriate.

Internet and Communications Policy for Coaches

- All social media communications must be public, and all communications on or through them must be public. Being “public” means no private channels. For example, private Facebook groups, direct messaging or private invitations to personal Facebook pages, invite-only YouTube channels, or Twitter, direct messaging to individual players, and the like shall not be permitted between coaches and players.
- There should be no private messages and no one-on-one direct contact through Facebook messages, Twitter, direct messaging, Skype, chats, instant messaging (including but not limited to Google Messenger, AIM, and the like) or other similar messaging features provided through social media sites. This policy applies to all activities, outings, excursions, or other meetings between an adult and a player.
- A coach may respond to a direct inquiry via text message or email from a player regarding logistics of practice times, cancellations, schedules, etc. Coaches/team representatives should only use text messages and email on issues that are soccer related and all communications should include a parent or guardian copied on the message.
- Coaches and team reps should avoid cell phone conversations with players to the greatest extent possible, and cell phone communications should only be used when absolutely necessary, and should

only be soccer related. Staff members, contractors, volunteer coaches, etc. may not be “friends” on Facebook with a player.

- If MYS affiliated personnel post content on any social media site (e.g., Facebook, blog, discussion board or comment) and it has something to do with work for MYS or subjects associated with the organization or any of its members, you should include a disclaimer in substantially the following form: “The postings on this site are my own, personal views and do not represent the views or positions of the Company, its customers, or personnel.”
- When providing your contact information for personal business in social media, you should use your personal contact information (such as a personal email address), not your MYS contact information.
- You should only provide your personal contact information (e.g., personal email, phone number, home or work address, etc.) for soccer related business for all communications.
- Respect privacy and confidentiality obligations when posting photos or videos. Before you post online video/photos that include images of players, it is your responsibility to obtain consent from their parent or guardian. If you fail to do so and they subsequently object, it is your responsibility to promptly take down or otherwise edit the posting in order to protect their privacy. MYS will fully support those who wish to maintain their privacy in this regard.

TRAVEL REIMBURSEMENT FOR COACHES

As employees of McLean Youth Soccer, Coaches will on occasion incur business travel expenses as part of their participation in Tournaments, State Cup, Region I, National League, EDP, and ECNL competition outside of the NCSL, ODSL, and CCL areas. The procedures and practices contained within the MYS Travel Reimbursement Policy are designed to act as a guideline for business travel expense reimbursements.

As all expenses are the responsibility of the each team’s families, the team manager and team treasurer will communicate all expenses with the team families prior to the expense being incurred or

approved. This policy is designed to accomplish the following:

- Ensure all Coaches, Team Managers, Team Treasurers, and Team Families have a clear and consistent understanding of policies and procedures for business travel and expense reimbursement.
- Ensure Coaches are reimbursed for legitimate business travel expenses.
- Maximize the Team's ability to provide for transparent management of travel expenses. Provide the appropriate level of accounting & business controls for the Team and the Club to ensure that expenses are reviewed & approved by the appropriate persons.
- Provide the appropriate level of accounting and business controls to ensure that business travel reimbursements are properly documented for IRS purposes such that these expenses will not be considered "income" but rather reimbursable business expenses.

To review the Travel Reimbursement Policy in full, please visit mcleansoccer.org and under the Travel tab choose Team Resources.

TEAM FUNDRAISERS

Travel Teams who are interested in team fundraising opportunities should make sure to review this information and complete the appropriate steps below.

Basic Information: Team fundraising opportunities may or may not require the use of the club FEIN (501c3) number. If the particular organization with

***ALL TEAMS HOLDING FUNDRAISING EVENTS MUST COMPLETE THE FOLLOWING STEPS for EACH EVENT.**

Step 1: Team submits this form outlining basic plans and notifying the club of their plans. Please complete one form for each event - <https://goo.gl/forms/lDhacCrIMjP7CoPA3>

Step 2: Team awaits approval from club leadership for the submitted fundraising proposal. (If you have not received a response within 7-10 days, please email admin@mcleansoccer.org to follow-up).

Step 3: Team holds fundraising event.

Step 4: After fundraising event, teams complete this form to report results of fundraiser and/or request the funds (if team is using the club's FEIN) - <https://goo.gl/forms/gMLUyoDzkiUwAuH93>

whom you are working requires the FEIN, please review the FEIN guidelines below. If you do NOT need the FEIN number, PLEASE still complete the steps below.

Concessions Sales at Local Fields: If a team wishes to sell concessions at a local field, permit applications must be submitted through the club. Please allow at least 3 weeks for processing and contact fields@mcleansoccer.org for details.

FEIN Guidelines: The purpose of this notification is to establish the use of McLean Youth Soccer's FEIN (Federal Employer Identification Number) in club, program, team, and other fundraising functions. Requests to use the FEIN will be made prior to the event-taking place and approval must be obtained before any advertising materials are published.

MYS will only authorize use of their FEIN when the intention and communication to a potential donor(s) is that all donated funds are going directly to and benefitting McLean Youth Soccer (the entire club). All donated funds will be considered MYS funds and will be appropriated on an "as needed" basis. Programs and/or teams wishing to receive donated funds will submit a request to the MYS Executive Director to petition funds for their specific need.

Note this includes most 'corporate' fundraising such as restaurant events, volunteering at Jiffy Lube Live, raffles, etc. The purpose of this policy is not to hamper fundraising efforts by specific programs or teams, but to ensure we are within Virginia state and federal law

PLAYER EQUIPMENT REQUIREMENTS

Shin guards:

Players U6 and older are required to wear shin guards with long socks covering them. Shin guards are recommended for U4 and U5 players as well.

Shoes:

Soccer cleats are recommended; however, any sneaker / turf shoe is acceptable. Players must bring their own ball to every practice and game.

Ball:

U4 - U8: Size 3 ball
U9 - U12: Size 4 ball
U13 and up: Size 5 ball

Players are also required to bring water in a non- disposable container to every practice and game.

PARENT SIDELINE BEHAVIOR

We wish to remind parents of your role in making your child's participation in soccer a fun and rewarding experience.

As a parent, you play a special role in the development of your son or daughter, and his or her teammates.

Your encouragement and good example will do more to ensure good sportsmanship and self-discipline than any other influence. It is important to respect opponents and the referees - they are not the enemy.

While winning games is important, playing well and fairly is the essence of the game. As a reminder, here are a few key points as you head out to watch your child play.

Support your child

Support your child by giving encouragement and showing interest in his or her team. Help your child work toward skill improvement and good sportsmanship in every game.

Teach your child that hard work, an honest effort and a positive attitude are often more important than a single victory.

Always be positive

Children learn more by example than by criticism. Work to be a positive role model, and reinforce positive behavior in others. Applaud good plays by others on your child's team as well as good plays by the opposing team.

Do not criticize any child's performance from the sidelines. Accept the results of each game. Teach your child to be gracious in victory and to turn defeat into victory by learning and working toward improvement. If you have a constructive suggestion, please provide it on another day.

Don't be a sideline coach or referee

Please refrain from coaching or refereeing from the sidelines. Parents who shout or scream from the sidelines often give inappropriate advice at the wrong time.

The coach should be the only sideline voice. Remain a fair distance from the sidelines and within the spectator area. You and your child will both enjoy the game more if you put some emotional distance between yourself and the field or play.

Officials are symbols of fair play, integrity and sportsmanship. Do not openly question their judgment or honesty.

Demonstrate a positive attitude toward your opponents and their families

Opponents are not enemies. Take care to show good hospitality at home and to represent McLean Youth Soccer in a positive way when visiting other clubs. Never allow yourself to be drawn into a verbal disagreement with opposing parents or coaches.

Remember that your child wants to have fun

Children must establish their own goals - to play the game for themselves. Don't impose unreasonable demands on your child. Let your children experience the fun of playing as well as the challenge of excelling

Thank you for doing your best to represent McLean Youth Soccer in the best of ways!