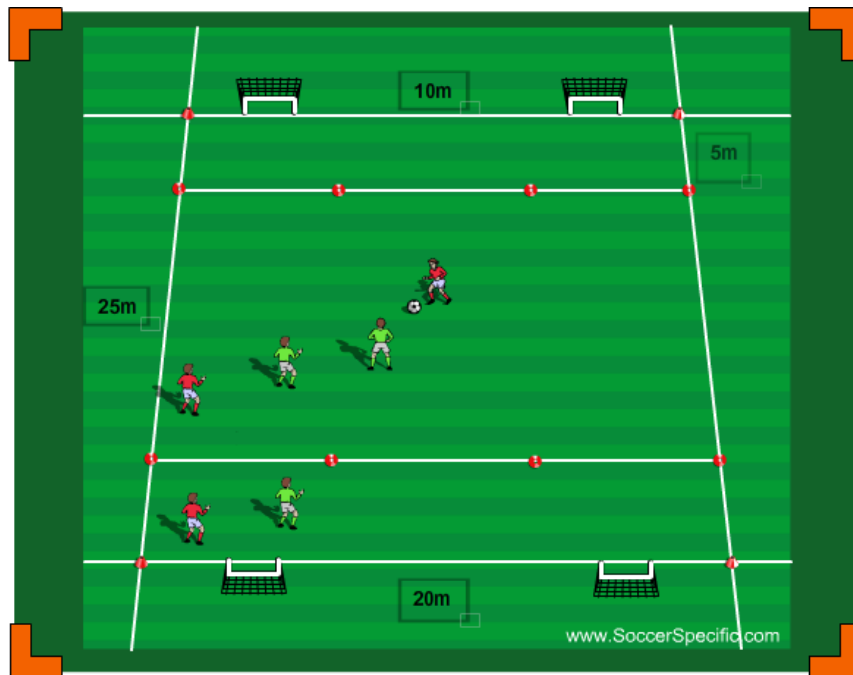


Mini-Soccer



Rules

- 3v3 (without Goalkeepers)
- Each team has two goals, on the same end-line, that they can score in
- Goals can only be scored once the attacking team has entered their scoring zone
- Coaches restart play from the side-line by passing the ball in to the team of their choice

Dimensions

- Field: 25m x 20m
- Scoring Zones: 5m x 20m
- Goal Separation: 10m

3 Key Questions

1. Which goal should I score in?
2. How do I determine which goal to score in?
3. What can I do to help my team score in that goal?

4 Key Coaching Concepts

1. Our goal for each player is that they have better ball control, begin to find and utilize space, and are becoming more creative and daring.
2. Skills are not learned in a vacuum, but are better retained with an understanding of how to use them in a game.
3. Frame techniques as options that can be used to help win games.
4. Promote creativity and daring by facilitating an atmosphere of soccer discovery