



## FIELD POLICIES AND SAFETY INFORMATION

### Participants

- Only registered MYS players may participate in practices, games, and training as others are not covered by MYS insurance (exception: official tryouts, registered guest players). No parents, no siblings, no friends, no classmates, etc. should participate.
- Only registered MYS coaches that have completed their Kid Safe registration may supervise a practice, game, or training as others are not covered by MYS insurance. No exceptions.

### Field Conditions and Equipment

- Ensure that goals are anchored. Don't let any kids climb on/move goals.
- Inspect the field and goals before ALL practices and games (e.g., debris on field, playing surface issues, etc.). Report unsafe conditions to [fields@mcleansoccer.org](mailto:fields@mcleansoccer.org).
- Check the MYS website for field closures before every practice or game.
- Don't practice in goal mouths or other wet/over-used areas of grass fields.
- Share fields with other permitted users.
- Pick up trash after practices/games. Encourage use of re-useable water bottles.

### Weather

- Lightning/Thunder - IMMEDIATELY move kids off field to shelter (i.e building or cars - not under trees or in parking lots). Do not return until 30 minutes after last lightning seen or thunder heard.
- Heat - Frequent water/shade breaks in heat; shorter and less intense drills.
- Cold - Dress appropriately. Avoid exposed skin and rapid chilling after exertion.

### Security

- Never leave a child/children unattended/unescorted (even teens - use buddy system).
- Avoid situations where a coach is alone with a player.
- Do not tolerate any bullying or intimidation by or of your players.
- Communicate any concerns you have to team parents/club officials immediately.

### Injuries

- Know/administer basic first aid.
- Learn about concussions (<http://www.cdc.gov/concussion/HeadsUp/youth.html>).
- Call 911 if the injury is serious (e.g., head, neck, back, bone fractures, etc.).
- Protect the child from further injury - use good judgment.
- Provide pre/post practice/game warm up and cool down activities.
- Require appropriate gear – shin guards are required for all practices and games.