



McLean Youth Soccer Basic Team Information - 2019-2020 Seasonal Year

The information in this sheet is only a basic outline of the plans for the team. Additional and detailed information will be provided to the players throughout the year. There will likely be some variation from this basic outline.

Head Coaches - 2007 (U13) and 2004 (U16): Farzad Mahmoudpour

2006 (U14): Brent Heupel

2005 (U15): Patrick Finney

Teams: U13 - U16 Girls Green

Primary League: CCL Championship

Season Practices: Typically 3 trainings per week- including MPS Skill Training

Season Structure: Late August - Early June plus optional summer training opportunities

Tournament Plans: 3-4 tournaments per season including CCL Events and VA STATE CUP

Expected Travel for Tournaments: 2-3 overnights possible

Winter Season Plan: Winter Training (Indoor/Outdoor Training/Futsal possible)

General Information and Philosophy: Players will be developed according to MYS Player Development Curriculum and Model defined by McLean Technical Directors and Age Group Directors. Focus on technical player development emphasizing all aspects of the game involving age appropriate Technical, Tactical, Physical and Psychosocial components. MYS objective is to develop players with technical quality, soccer IQ, work ethic and passion for the game. MYS Coaches provide players with quality training sessions, competitive tournaments and league play, and strive to create an environment where players take ownership of their development. Players will be encouraged to experiment, be creative and learn through competition.