



## McLean Youth Soccer Basic Team Information - 2019-2020 Seasonal Year

The information in this sheet is only a basic outline of the plans for the team. Additional and detailed information will be provided to the players throughout the year. There will likely be some variation from this basic outline.

**Head Coach:** Clyde Watson

**Team:** 2004 Girls ECNL

**Age Group:** U16

**Primary League:** ECNL

**Gender:** Girls

**Regular Season Practice Plan:** Typically 3 trainings per week

**Season Structure:** Year round league with active winter schedule. (Team will have a reduced schedule in July and January). Season is 10 months long.

**Tournament Plans:** 3-4 tournaments per season in addition to 2 ECNL Showcase events. Will participate in top flight tournaments such as CASL, Bethesda and Jefferson Cup.

\*Chaperoned bus trips as well as some flights required.

**Winter Season Plan:** League games, and both indoor and outdoor practices.

### **General Information and Philosophy:**

ECNL league competes against the top teams and clubs in the country. As such the highest level of commitment is expected. Players will be developed according to MYS Player Development Curriculum and Model defined by McLean Technical Directors and Age Group Directors. Focus on technical player development emphasizing all aspects of the game involving age appropriate Technical, Tactical, Physical and Psychosocial components. MYS objective is to develop players with technical quality, soccer IQ, work ethic and passion for the game. MYS Coaches provide players with quality training sessions, competitive tournaments and league play, and strive to create an environment where players take ownership of their development. Players will be encouraged to experiment, be creative and learn through competition. The team will be trained in a manner to best help the players make a smooth transition into college soccer and will be exposed in as many ways as possible to college coaches.

Each team should have a manager, treasurer, hotel/ bus coordinator, and fundraising coordinator. Player will receive online evaluation, in-person follow up, and college placement assistance. All ECNL teams can/may move players back and forth periodically, if it aids their development. Playing high school soccer is allowed. Participating in program-wide fundraising activities is required.